



# Lick Skillet Quilt Guild Newsletter

June 2015

## June Calendar

June 6—D Day (WW II)

June 14—Flag Day

June 21—Father's Day

June 21 —Summer Solstice

## June Birthdays

Mary Simmons—June 3

Angie Dempsey—June 22

If we've missed your birthday, please email Angie Dempsey at [dempsey@charter.net](mailto:dempsey@charter.net) to update our roster.

***Father's Day 2015, will be the longest day of the year. Also known as the shortest night of the year.***

***This is because Father's Day falls on the summer solstice this year.***

***In 1966, President Lyndon Johnson signed a presidential proclamation declaring the 3rd Sunday of June as Father's Day. It is the 5th most popular card sending holiday.***

***Normally, we don't celebrate summer solstice with neck ties, but this year is an exception!***



Hello Everyone,

Well another month has passed us by and summer is nearly here. I hope you had a wonderful Memorial Day and took a moment to say a word of thanks for those who have served and are serving to keep America free.

As I look back at the first half of the year, it is interesting how much we've done in our guild already! A special thanks goes out to those who were at the **May Sew Day** working on our fidget quilts! Again, we had a wonderful time and if I remember correctly we have about 35 quilts that will be ready to give to Alzheimer patients. It is such an inspiring project! Also, thanks for all of the fabric, embellishments and fidget items that have been donated!

And, thanks to those who came out to support the **1<sup>st</sup> Annual Lick Skillet Music Festival** on the 23<sup>rd</sup>. It was a fun event and was much cooler and more laid back than Oxford Fest. We should feel privileged that the City of Oxford thinks enough of us to invite us to be a part. They have already asked us to come back next year! How could we turn that down when they do so much for us!

If you haven't signed up for the **Nancy Mahoney** classes in July, don't forget to do so. Both classes are filling up fast and June is the last month reserved for members before we open it up to outside quilters! If the classes fill, we will have a wait list available as well.

Don't forget about our June program, which will be given by quilt teacher and pattern designer Tammy Silvers from Alpharetta, Georgia. She will be here to give a lecture on "Interrogating Your Quilt." It is going to be a great program that you don't want to miss!

And last but not least, get started on those quilts for the 2016 quilt show! I know there are some mystery quilts, round robin quilts and will be some from the classes in July! It will be here before you know it!

I'll see you on the June 8<sup>th</sup>!

Happy Quilting!

**Anita**

## ***Coming Attractions -***

The Nancy Mahoney workshop will be July 17-18.

June program will be Tammy Silvers on "interrogating your quilt".

**May Program**

Anita presented an approach for turning a thrift store dress into an apron.

John demonstrated how well it fits.

Bernice shared a quilting based puzzle set.

**Fat Quarter**

Molly won the fat quarter.

Remember you have to enter to win! Bring a fat quarter in a baggie with your name on it and take your chance at winning!

June fat quarter is Pearls & Roses—white on white print.

**Mark your calendars....**

**The next Lick Skillet Quilt Show will be September 23-24, 2016 at the Oxford Civic Center. We will be setting up on the 22nd.**

**Start quilting now....**

Guild bylaws were updated to address policies in event of death or hospitalization of members and their family.

1. In the event of the death of a member or spouse or a child under 21 years of age living at home, the guild will spend up to \$75 for flowers.
2. In the event of a grown child or other relative, the guild will send a card.
3. If a member wants to take up a collection for the death of a member or spouse or a child under 21 living at home, the guild will contribute \$75 and the members can add to it for the collection.
4. For members in the hospital, the guild will send flowers.

Samples of the first block of the mystery quilt were shown. Instructions were handed out for the next block.



Get your copy of the instructions to have your chance at solving the mystery....

***Welcome to our May visitor***

***Jackie Fink***





# *May Show and Tell*



Molly with 3D quilt made in class



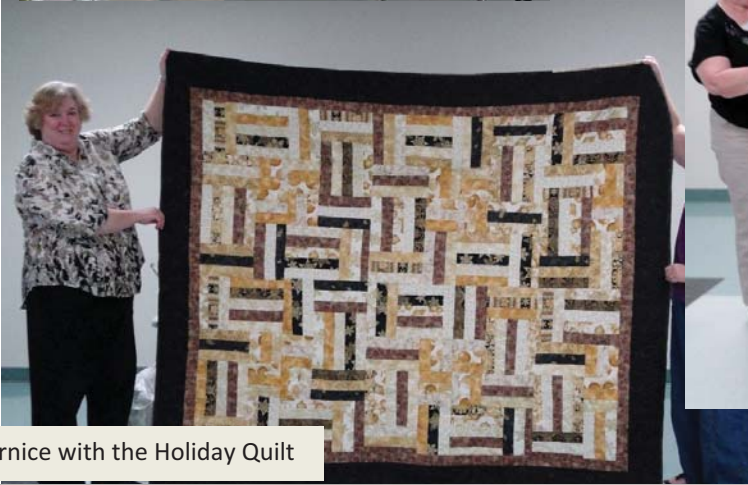
Angie with Mark's Quilt



Molly with Baby Quilt



Pat Horn made a floral quilt and three bags.



Bernice with the Holiday Quilt

Cindy Launhardt – Armenian Tiles





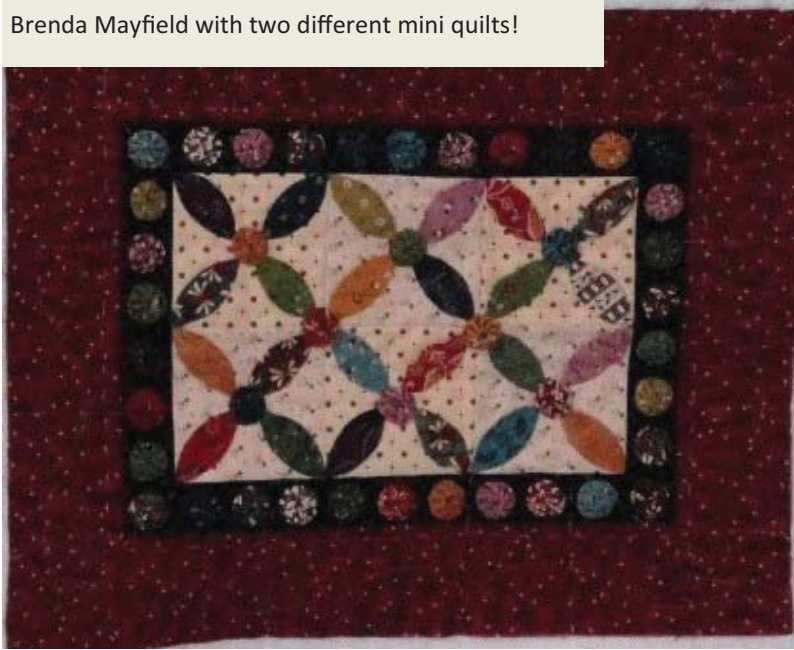
# May Show and Tell



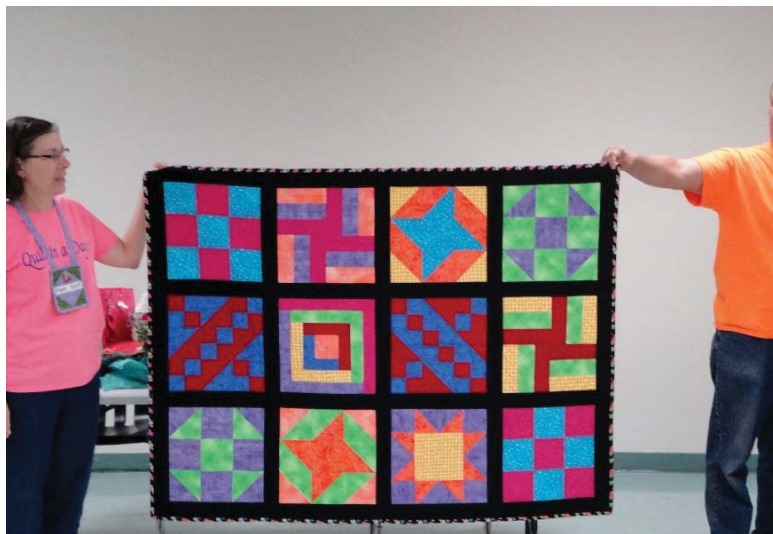
Brenda Mayfield with two different mini quilts!



Linda Sobers – Red & Green Diagonal Squares



Angie Fortner = Rainbow USA Quilt & Camo Bears



Pam with Amish Color Sampler Quilt



## Recipe Corner—

## Homemade Banana Pudding

In a 9x9 pyrex dish, lay out vanilla wafers on sides and bottom of pan. Slice 3 bananas over the wafers. (Keep some wafers out and crush to use as topping at end).

Combine: 1/3 c flour, 1/4 c corn starch, 3/4 c sugar, 1/4 tsp salt, 3 c milk, Cook over medium high heat to boiling, stirring constantly. Boil 1 minute. Add 1-2 cups of the hot liquid to 3 egg yolks (slightly beaten). Stir and then add back to the pan and return to boil. Boil 2 minutes. Remove from heat and add 2 Tbsp butter or margarine plus 1 tsp vanilla. Pour over bananas and wafers. Top with meringue and wafer crumbs. Bake in microwave 3 minutes, turning at least every 45 seconds.

Upcoming Shows and Events

Georgia Celebrates Quilts - June 11 – 13

His Hands Church, Woodstock, GA

Quiltfest—June 19-20

Oak Mountain Middle School, Birmingham, AL

Mountain Memories Quilt Show—June 19-20

Cumberland County Community Complex, Crossville, TN

National Quilting Association Show—June 18-20

Statehouse Convention Center, Little Rock, AR

## Stretching matters—

Whether we are cutting or sewing or quilting, our muscles can tense up as we are working. It is important to take the time to stretch along the way. Try this simple workout every hour to stay limber and less sore. Nothing strenuous— just easy movement.

- Walk around for 2-3 minutes.
- Stretch your back. Hands on hips and bend back for 10 seconds.
- Rotate your ankles in circles—right and left 10 times.
- Stretch your hands over your head and try to touch the ceiling for 10 seconds.
- Put your hands behind your head with elbows bent and then pull your elbows back into a stretch a couple of times.
- Twist to the right and twist to the left.
- Stretch your calves.
- Scrunch our toes.

## Education Corner

Sometimes the hardest part of quilting is the planning, getting the inspiration. Here are a few tips to help you get the ideas and hold on to them so that you can come back to them.

1. Keep an idea notebook. There are lots of ways to do this, but one of my favorite is to invest in a Moleskine Classic Notebook with “Squared” paper— graph paper to us normal folks. They typically cost \$10-15 depending on where you buy them, but that is part of the secret for me. When I try to keep my ideas in a spiral notebook, I lose the notebook. When I invest in a special book, I don’t lose it. These are small enough to fit into a craft bag or a large purse. And paper is a flexible way to capture ideas.
2. Keep the idea notebook handy when you are at a guild meeting, in a class, watching tv shows or movies, or when you are reading books or magazines. Even when you are surfing the net. I can sketch out what the idea looks like, keep notes on where I got the idea, attach a sample fabric or even keep a photo of the finished piece when all is said and done.
3. If you are super organized, you could keep separate notebooks for different crafts. I have often pondered an embroidery notebook and a quilting notebook, but truth is—I just have one idea book and use it for everything.
4. Use it as a journal when you get around to actually making projects. Keep notes on how the different materials work for you. (Note to self— don’t combine fluffy polyester batting with cotton batting. It is too thick. Avoid shiny thread in the bobbin on my quilting machine. Remember that Gutterman thread only works on my sewing machine if the thread is coming off the top.) All of the weird things that you will wish you remembered next time you sew.
5. Keep your color wheel with your idea book — or a photocopy of a color wheel. It can help you choose fabrics when the time comes.
6. Find the writing instrument that works best for you. I actually like ink, but only if the pen is new enough that it won’t blob up and get on things. Pencil tends to rub off leaving me with a blurry mess if I keep the book too long.
7. Remember that a lost idea doesn’t turn into a quilt!





**Member Highlight— Sidney Smith**

Sidney has lived in Oxford for 2 years. Before that, she spent 35 years in the Dallas, TX area. 8 yrs ago, she retired from Army Air Force Exchange Service, after having worked there 22 years in Admin.

She and her husband Delbert "Bud", have been married 48 yr. They have 2 grown children.

Robert lives in Saratoga Springs, NY and is a tax accountant. He has 2 children, Kyle is 22, and Leah is 9.

Karen is a nurse anesthetist. She and her family live in Ashland - hubby Dr. John, daughter, Rachel 4yrs, and twin boys, 2 1/2 yr, Bowen and Sam. The kids in Ashland are the reason Sidney and Bud moved to AL. They chose Oxford because it is not too close and not too far!

Sidney has been sewing since about 2nd grade,. Her mother and neighbor taught her to sew. She made her first complete dress in 4th grade. She has been quilting since about 2nd grade when she made a doll quilt. Her aunt helped her.

She enjoys piecing quilt tops, but is less fond of applique. Her sister lives in Missouri and also is a quilter. Sidney is partial to blues and greens. Her favorite food is tacos. She enjoys peonies and early summer, but her favorite holiday is Christmas.

In addition to quilting with us at Lick Skillet, she is part of a crochet group at church, where she crochets for charity. Sidney really likes to make things and donate them to charity

Sidney likes to travel the US and overseas (Munich Germany, Australia, New Zealand).

Sidney had a dog, ChaCha, a shih tsu who lived to be 16. Sidney recently lost her to natural old age problems.

Her favorite place to visit is the kids farm in Ashley, but she looks back fondly on LaJolla Beach/San Diego, California (the area where she grew up, and met Bud).

Sidney enjoys watching tv shows about building and remodeling houses, and game shows.

The one word that best describes Sidney is "survivor" and her best attribute as a "go with the flow" attitude.

Sidney says "We were a Navy family. We are still learning about Alabama, and states around here. Enjoy meeting new people."

**Quilting blunders that I learned from—**

- Cheap materials aren't always so cheap. If I am more likely to have to pull things out, then the cheap thread, fabric, or needle is not so cheap after all.
- On the flip side, I can replace a cheap rotary blade several times for the cost of one expensive one. I like fresh rotary blades. Not everyone will agree with me on this, but my shoulders prefer fresh blades.
- Expensive irons can be worthwhile—but there is a difference between a Chinese Rowenta and a German Rowenta.

**Lick Skillet Quilt Guild**

Our Mission: To promote an appreciation of quilting, to share knowledge and quilting, and to perform community projects.

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The Guild is a non-profit organization open to anyone interested in quilts or quilting. Monthly meetings are 5:30 p.m. on the second Monday of each month at the Friendship Community Center, 2930 Friendship Road, Oxford, Alabama 36203. Guests are welcome. Annual dues are \$25, renewable in January of each year.

Address changes contact: Angie Dempsey, 256-362-0035

Find us online at [www.lickskilletquiltguild.com](http://www.lickskilletquiltguild.com) or [www.facebook.com/#!/groups/455735277826951](http://www.facebook.com/#!/groups/455735277826951) or [Lickskilletquiltguild.blogspot.com](http://Lickskilletquiltguild.blogspot.com)

**HELP WANTED**

Do you have recipes that we could share in the newsletter? Type them up into an email and ship them to

[simmonsm@centurytel.net](mailto:simmonsm@centurytel.net)

What about quilting tips? Ideas? Stories? Jokes? Send me an email -

Mary

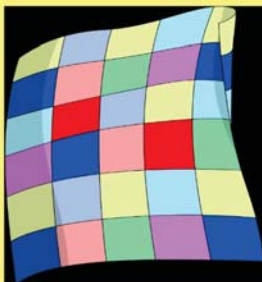
**Important Message:**

*If the Friendship Community Center is closed for inclement weather, the Guild will not have its scheduled meeting or sew day for that day. If a meeting or sew day is rescheduled for another day, you will be notified by phone or email! Your safety is very important to us!*

**2015 Executive Board**

President	Anita Fountain
Vice President	Bernice Zaidel
Secretary	Valera Johnson
Treasurer	Carole DeGrenier
Members at Large	Sidney Smith
	Valera Johnson

**I ONLY QUILT  
ON DAYS THAT  
END IN "Y"**



quilting joke by sk8termom

Zazzle

**Refreshments:**

May refreshments were be supplied by Babbette Harmon, Melissa West, Bernice Zaidel, and Marilyn Smith.

June refreshments will be supplied by Sharon Lamberth, Angie Fortner, Valera Johnson, Sidney Smith .

July refreshments will be supplied by Karen Burnham, Margaerite Bright, and Joan Hayden. Looking for one more volunteer for July

**\*\* Please don't forget to sign up for refreshments for next year! The sign up sheet is available at the sign in table at each meeting.\*\***